

WEEK # 6

Menu 2019

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<b>Breakfast Menu Items For The Week</b>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas

	9-Dec MONDAY	10-Dec TUESDAY	11-Dec WEDNESDAY	12-Dec THURSDAY	13-Dec FRIDAY	14-Dec SATURDAY	15-Dec SUNDAY
<b>D I N N E R</b>	Beef Noodle Soup  Loose Hamburger Sandwich  Mashed potatoes  Yellow Beans  Stewed Rhubarb	Barley Soup  Poached Fish  White Sauce  Mashed potatoes  Peas  Jello/ whip cream	Cream of Mushroom  Swiss Steak  Mashed or Boiled Potatoes  Parnips  Peaches	Vegetable Soup  Sweet and Sour Chicken  Mashed Potatoes Brown Rice  Broccoli  Strawberries	Cabbage Soup  Fried Fish  Mashed potatoes  Green Bean  Spanish Cream	Cream of Broccoli  Meat Loaf  Mashed potatoes  Peas and Carrots  Brownies	Tomato Soup  Roast Chicken Dressing Gravy  Mashed Potatoes NS Squash  Coconut Cream Pie
<b>S U P P E R</b>	Beef Noodle Soup  Pancake  Sausage  Gingerbread Whip Cream	Barley Soup  Lasagna  Garlic Bread  Fruit Cocktail	Cream of Mushroom  Egg Sandwich  Salad  Fruit Cobbler Whip Cream	Vegetable Soup  Pulled Pork on a bun cheesies & cole slaw  Apple Crisp	Cabbage Soup  Beef Stroganoff  Noodles  White Cake / Lemon Sauce	Cream of Broccoli  Baked Beans  Rolls  Butterscotch Pudding	Tomato Soup  Fish Nuggets  Home Fries  Pears

Menu may change without notice

HS Snack Menu  Cookies				Crackers With Peanut Butter or Cheese		
	Pudding	Ice cream&cookie	Toast		Toast & Cereal	Cookies